# BRITT DORAZIO Teaching & Artistic Resumes

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### **Professional Teaching and Facilitation Experience:**

### Crashbell (April 2021- Present)

-Meditation Instructor; leading virtual meditation classes and creating unique recorded content.

### Ummi's Ile (August 2020-Present)

-Meditation Instructor; leading virtual meditations for online healing space for mothers.

### Sacred Space Astoria (February 2020-February 2021)

-Meditation Instructor; leading meditation classes and workshops.

### Daniel's Music Foundation. Upper East Side, NY (2018-Present)

*-Private & Group Vocal Coach , Movement, and Recreational Rhythm Classes;* working with vocal technique, rhythm, and movement. DMF is a safe space for musicians with disabilities to explore. Ages 3-40

### Inside Broadway Boroughs of NYC

-Director & Choreographer; Musical Mystery Melodies. Ages 7-8

### Riverdale Y, Broadway on the Hudson, Bronx, NY

-Director/Choreographer; full production musical. Hairspray Jr. Ages 7-12.

-Director/Choreographer; full production musical. Guys & Dolls Jr. Ages 7-12

-Director/Choreographer; full production musical. The Little Mermaid Jr. Ages 7-12

-Director/Choreographer; full production musical. Once on this Island Jr. Ages 7-12

*-Vocal Instructor (Private and Group)*; vocal technique and breathing. Musical theater showcase at end. A review of musical theater songs.

*-Creation Ensemble ;* As a class, with the children taking the reigns, we create a story. Based around that story, we then create a song, a dance, and a piece of art work. Encourages students to use their imagination to its full capacity. We explored gentle meditation along with calming & energizing the body. Ages 6&7.

### Words & Music Children's Theater, Nyack, NY

-Choreographer ; full production musical. Beauty and the Beast, The Addams Family, Peter Pan, and Aladdin Jr.

Ages 6-11.

### Dance Expressions by Erica, Irwin, PA

*-Musical Theater Instructor;* had class focused on drama/acting exercises (specifically acting through song), dance and vocal technique. Prepared musical theater mashups for a final showcase. Ages 5-8 & 9-15.

-Vocal Instructor; Private vocal lessons.

### Father Ryan Performing Arts Center Mckees Rocks, PA

*-Music for Beginners;* Explored music games, rhythm exercises, and creating melodies. *-Behavior Counselor;* This camp specializes in catering to helping children with behavioral complexities. We had heart to heart dialogues as well as holding classes. Ages 5-8 & 9-12.

### **Green Hope School**

*VP of Fundraising and Outreach:* Teaching students english, math, and music in a Primary School in Arusha, Tanzania. I curated and produced over 30 fundraisers in Pittsburgh and New York City. Ages 3-8.

### Sustained Action Group (June 2020-July 2021)

Facilitator of 2 hour, bi-weekly sessions around decolonization and sustained action. This group is specifically for people of European descent. We believe that part of the sustainable action in this work is to come together as white people to unpack our conditioning, so we can create a safer world.

### Podcast Creator/Producer (November 2020-Present)

I currently have a podcast called Sipping Sovereign Tea that has about 2,000 plays in 13 countries. I record, edit, and distribute the content on my own. The content includes conversations, meditations, and original music/pieces. In conversation and practice with change-makers, disruptors, artists, healers, visionaries, and weavers on what it means to be sovereign. How do we feel rooted in our own voices in a sea of misguided messaging and overwhelm? How do we find our way back home to ourselves, the land, and each other?

### Meditation Guide (2015-Present) events/workshops/classes

The Discover Here Project, Crashbell, The Celestial Sisterhood, Urban Campfire, Sacred Space Astoria, Ummi's Ile, You are NoWhere, What the Float, and My Body My Vision. I have been a devoted practitioner of mindfulness, Buddhism, meditation, womb healing, and different forms of feminine movement for 10 years now. I have held meditation experiences virtually and in person around New York City with the organizations listed above. I currently create customized meditations for private clients and group experiences. I am grateful to have been trained in the Yogic Tradition.

### 1-on-1 Guide

I create customized active healing schedules for clients. I combine the mediums of meditation, somatic/physical practice, journaling, music, movement, poetry, nature and heart-to-heart dialogue to help them to begin to find peace and belonging from the inside-out.

### Training/Education

### Point Park University BFA in Musical Theater

Acting: Shakespeare, Greek, Michael Chekhov Technique, Musical Theater Technique. Private Voice, Music Theory. Dance: Jazz, Ballet, Tap.

### UCLA's Arts & Healing School Certification in Social Emotional Arts Facilitation

A 3 month program where I learned to develop and deliver process-oriented arts experiences in school and community settings to improve emotional well-being, the social climate, and the learning environment.

### Sarvaguna Yoga-Meditation Training and Research Academy. Dharamshala, India. *Certified Meditation Teacher*

-Pranayama and re-establishing abdominal breathing

-Traditional & Modern Yogic meditation techniques (breath and body awareness, chakra, loving kindness, gratitude, purification, third eye, nature, creative visualization, walking, and full moon meditations)

-Meditation application for all age groups

- -Meditation application for different mental imbalances
- -Mantra Chanting
- -Preparatory Asanas
- -Introduction to Mudra and their applications
- -Energy Anatomy and Physiology- Chakras
- -Philosophy of Meditation
- -Creative expression through dialogue and movement

### **#BARS Workshop at The Public Theater, NYC,NY**

-An 8 week writing and performance workshop focusing on the intersection of verse, poetry, theater, and ensemble building. In 8 weeks we wrote and performed a theater piece about national monuments, re-imagining the stories.

### **Pittsburgh Musical Theater**

### Graduate of Richard E. Rauh Pre-College Program

Acting: Meisner, Mock Audition Technique. Dance: Jazz, Ballet, Tap, Hip-Hop. Private Voice, Music Theory, Group Voice.

### Workshops/Courses

*Charles Eisenstein- Living in the Gift-*Personal and collective transition from an age of scarcity and separation, to an age of abundance, community, and gift.

**The Embody Lab-** Embodying Leadership-Exploring the critical value that embodied leadership offers the individual and the whole and exploring methods and expressions of leading from and with the body toward a better future and world.

**Sonya Renee Taylor & Adrienne Marie Brown-** *Radical Love & Pleasure-* How we heal, love and reclaim our right to be liberated from the inside out. How do we speak the truth to ourselves until we cannot speak anything else, to ourselves, to others, to power?

*Center for Anti-Violence Education-Until We're Free*-talking about the history of Black resistance and voting/legislation, such as the Breathe Act. Discuss the ways in which Black women were left out of suffrage, the ways that the civil rights movement impacted the Voting Rights Act, and how we can use our power to make a change

**Anthony Wash-Rosado**-Ethical Anthropology- Ethics in Caribbean Anthropology and the future of African American Historiography

Maryam Hasnaa- Waking up from Being Woke, Divine Neutrality, Equanimity, Boundaries.

## **ATTISTIC RESUME**

Height: 5'5 Btdorazio@gmail.com

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**#BARS** Diggs Paperwork Kill the Whale (reading)

Rachel Starbuck

Fearless Girl

#### REGIONAL

A Streetcar Named Desire	Stella Kowalski		
Bloody Bloody	Rachel Jackson		
Beauty & the Beast	Silly Girl		
Mercy	Amelia		
Roberts			
RENT	Swing		
Smith			
Les Mis	Fantine		
Children of Eden	Eve/Mama Noa		

#### FILM

The Artist Apartment

Norah/Lead

### **INDUSTRIALS/CONCERTS**

TrevorLIVE Something Real **BGV** for Natalie Weiss Marcello Costa & REDKEN for ACS Human First

The Public Theater/Rafael Casal & Daveed

James Kolditz, *director* Daniel Emond, *director* 

Pittsburgh Playhouse./ Martin Giles Pittsburgh Playhouse. /Michael Mckelvey St. Vincent Summer Theatre/ Gregg Brandt Pittsburgh Pride Theater Festival/ J'asonta

Pittsburgh Musical Theater/Peter Matthew

Richard E. Rauh Theater/ Colleen Petrucci Richard E. Rauh Theater/Colleen Petrucci

dir. Katia Koziara

**Marriot Marquis** Joe's Pub The Green Room 42 Prince George Ballroom The Cutting Room

### TRAINING

The Freeman Studio - Scott Freeman Point Park University Conservatory of Performing Arts-Musical Theater BFA Acting: Jack Allison, Zeva Barzell, Nancy Bach, Monica Payne, John McManus Private Voice: Michael McKelvey, Betsy Lawrence, Sandra Greciano Sight Singing/Piano Theory: Rochelle Klein, Jim Ryan Voice and Speech: Bridget Connors, Penelope Miller Lindblom, Robert Arthur Haley Dance: Danny Herman, Ron Tassone, Heather Carpenter, Fara Sciulli-Bowen

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### SPECIAL SKILLS

Advanced Saxophone, Cajon, Riffing, Whistle Tones, Songwriting, Poetry, Headstand, Certified Meditation Teacher, Yoga, Chakra Work, works with children and adults with all abilities, Dialects: (RP, Cockney, Southern, Irish, Russian, Pittsburghese)